Required Textbooks and Recommended Reading

Effective for Classes beginning January 2019

The following books are required to complete the ATM Midwifery Training Program. The correct version of each book must be used; usually this is the most current edition. However, use the edition specified on this list unless otherwise noted. Required texts are grouped by the module for which you will first need the text. Most textbooks will be used in multiple modules; however, they are not listed here more than once.

Students are not required to purchase any textbook from a publisher, but in order to prevent a costly mistake by inadvertently obtaining the wrong text or wrong edition we suggest ordering directly from the publisher. By following any provided links you can be assured of obtaining the correct textbook version and edition. Note that you do not need any supplemental materials which may be offered or bundled with some textbooks. Ordering used textbooks is not recommended since students frequently receive an incorrect or older edition. If you have any questions about correct versions/editions contact the Course Coordinator.

Required Textbooks

MODULE 1

The following textbooks will be required before the start of Module 1:

  Textbook only – you do not need on-line resources or lab manual. Use promotion code WXT4316D in order to receive a 20% discount. (Discount may be used on any LWW textbooks ordered.) (NHA)
- Texas Department of Licensing and Regulation *Texas Midwifery Basic Information and Instructor Manual*
  (The booklet will be provided by the ATMMTP)
- Thompson, J; Manore, M; Vaughan, L (2011) *The Science of Nutrition* 2nd edition Pearson Benjamin Cummings (SON2)

ANATOMY AND PHYSIOLOGY (MODULE 1 AND MODULE 2)

The following textbooks will be required for Anatomy and Physiology for Midwives courses:

- McConnell III, T; Hull, K; (2011) *Human Form – Human Function: Essentials of Anatomy and Physiology*. Lippincott, Williams & Wilkins ISBN: 978-0-7817-8020-9 [www.lww.com](http://www.lww.com) Use promotion code WXT4316D in order to receive a 20% discount. (Discount may be used on any LWW textbooks ordered.) (HFHF)
MODULE 3
The following textbooks will be required before the start of Module 3:


MODULE 4
The following textbooks will be required before the start of Module 4:


MODULE 5
The following textbook will be required before the start of Module 5:


MODULE 6
- No new texts for module 6

MODULE 7
The following textbooks will be required before the start of Module 7:


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- Thureen, P; Deacon, J; Hall, D; Hernandez, Jacinto (2005) Assessment and Care of the Well Newborn, 2nd Edition El Sevier Saunders (Module VII) (ACWN2)

**MODULE 8**

*The following textbook will be required before the start of Module 8:*


**CLINICAL TRAINING (APPRENTICESHIP)**


**Optional Texts**

The following texts are approved for use in required special projects and are highly recommended, but not required; most are reference texts for the NARM exam:

- Skidmore-Roth, Linda, *Mosby's Handbook of Herbs and Natural Supplements*, Elsevier (MHNS)
- Tharpe, Nell, *Clinical Practice Guidelines for Midwifery & Women's Health*, Jones and Bartlett

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Recommended Supplemental Reading List

- BIRTH WISDOM: TRICKS OF THE TRADE, VOLUMES 1-3, *Midwifery Today*
- HOMEOPATHY FOR THE MODERN PREGNANT WOMAN AND HER INFANT, *Sandra Perko*
- HOMEOPATHY FOR PREGNANCY, BIRTH, AND YOUR BABY'S FIRST YEAR, *Miranda Castro*
- MIDWIFERY, *Linda V. Walsh*
- MIDWIFERY TODAY MAGAZINE
- MOMMY DIAGNOSTICS, *Shonda Parker*
- RESEARCH UPDATES FOR MIDWIVES – SOME THOUGHTS ON THE BEST OF THE EVIDENCE 2005, *Gail Hart*
- THE COMPLETE WOMAN’S HERBAL – A MANUAL OF HEALING HERBS AND NUTRITION FOR PERSONAL WELL-BEING AND FAMILY CARE, *Anne McIntyre*
- THE HEMORRHAGE HANDBOOK, *Midwifery Today*
- THE NATURALLY HEALTHY PREGNANCY, *Shonda Parker*
- THE NATURALLY HEALTHY WOMAN, *Shonda Parker*
- THE SHOULDER DYSTOCIA HANDBOOK, *Midwifery Today*
- UNDERSTANDING AND TEACHING OPTIMAL FOETAL POSITIONING, *Jean Sutton and Pauline Scott*
- WHO (World Health Organization) Essential Antenatal, Perinatal, and Postpartum Care Training Modules
- INA MAY’S GUIDE TO CHILDBIRTH, *Ina May Gaskin*
- INA MAY’S GUIDE TO BREASTFEEDING, *Ina May Gaskin*
- WITCHES, MIDWIVES AND NURSES; A HISTORY OF WOMEN HEALERS, *Barbara Ehrenreich and Deirdre English*
- THE FEMALE PELVIS ANATOMY AND EXERCISES, *Blandine Calais-Germain*
- THE FEMALE PELVIS PREPARING FOR A GENTLE BIRTH, *Blandine Calais-Germain*
- ACTIVE BIRTH, *Janet Balaskas*
- ULTIMATE GUIDE TO BREASTFEEDING, *Jack Newman*
- PUSHED: THE PAINFUL TRUTH ABOUT CHILDBIRTH AND MODERN MATERNITY CARE, *Block, Jennifer*
- CHILDBIRTH WITHOUT FEAR, *Grantly Dick-Read & Ina May Gaskin 2013*
- BREASTFEEDING MADE SIMPLE: SEVEN NATURAL LAWS FOR NURSING MOTHERS, *Nancy Mohrbacher*
- PREGNANCY CHILDBIRTH AND THE NEWBORN, *Penny Simpkin*
Business Concepts for Healthcare Providers: A Quick Reference for Midwives, NPS, CNSS, and Other Disruptive Innovators

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by Joan Slager